



Decluttering for later

Here are some ideas to help you declutter when you cannot remove stuff from your home. It will help you decide what is real clutter, what can be reused, and make it easier for you to get it out of your home when you can.

Can it be reused?

Can you change something about it or mend it? (glue, cut, add or subtract from it)

Can you use it to practice something? (darning, pattern cutting)

Can you use it for a different purpose? (drawers can become shelves.....)

Can it be collected?

Is there someone who needs it who could collect it? Check local buying and selling groups on Facebook, refuges, cats and dogs homes etc.

Can it be recycled?

Check your local council website for the things you can put out with the recycling. Mine will take shoes, wearable clothes and small electrical items. Remember they are not set up to take lots of your clutter away so just put out a small quantity each time.

Will you have to store it?

The main danger with storing your decluttering is that you might go through it and decide to keep it. If that happens give into it. If something makes you feel happy, is useful or you are not ready to let it go, then keep it.

You can reduce the chances of you wanting to explore old boxes and bags if you know what is inside them. Try:

- Taking a photo of the clutter

- Writing a list of what is in the box

- Writing down why you wanted to get rid of something

If you have to store clutter and feel you haven't the space for it a bit of creativity needs to come into play. Can you designate a corner or a shelf to stuff you no longer want. Will it hide behind the sofa? Under the bed? Not forever, just until things change.

Plan for later

Remember to keep your decluttering in bags or boxes you can carry. Otherwise you will have to tip them all out and repack them later.



What's in the box?

Use this to list things you are decluttering for later.

You can circle or draw lines to the reasons on the right, or you can add your own.

I don't like it because: It is ugly, smells funny, is a horrible colour, doesn't feel nice, doesn't go with anything....

I don't use it because: It is too big, too small, I don't like it, it is hard to use....

It is a hassle and: I won't finish it, it needs repairs,

I'm keeping it for the wrong reasons: Someone gave it to me, I hope it will be worth something one day, it is part of something else I no longer have, I have duplicates, I have something else that will do the same thing.

I'm keeping it although it makes me feel bad: It brings up sad memories or it makes me feel guilty.

If you love it; keep it, if you don't then ditch it!



What's in the box?

Date

Destination

Description