
DECLUTTERING CHECKLIST

Shelves

Today, we are going to tackle one shelf in your home.

It can be in any room but as an easy start, just choose the one nearest to you.

Look at the clutter on it and....

Ask yourself:

- Do I use it?
- Do I like it?
- Is it a part of something else I lost a long time ago?
- Is it broken?
- Should it be there?
- Have I got more than one of them?
- Will I ever use it?
- Is it ugly?
- Is it something you mean to finish but probably won't?

If, on your way, you find broken things then throw them away or recycle them.

You can count them in your 5 things too if you like.

The whole point of this is to get your home full of usable things that you like and that make you feel good.

If you don't fancy tacking a shelf try a table or any other surface.

Just 5 minutes for 5 things. It's easy.

Colour in the stars when you have done them, you have earned them!

Choose small, not expensive, obvious things for today's declutter.



Have nothing in your house that you do not know to be useful, or believe to be beautiful.

William Morris.

less
stuff
www.less-stuff.co.uk