
DECLUTTERING CHECKLIST

Look at your home in a different way.

Change the angle you see your home from and you can do this anywhere.

Try:

- Looking at it from higher up
- Looking at it from lower down
- Angling your head when you look

What do you notice that you don't like when you look at it slightly differently? Have you spotted places that attract clutter? Things that really don't need to be where they are?

You can also think of it from a different perspective by imagining:

- You are a prospective buyer looking round
- You are a guest and it's not your home
- You are a toddler
- You are going to have a party

What does seeing it through someone else's eyes make you notice?

Looking around your home from a different viewpoint, ask yourself:

- Do I like it?
- Does it work?
- Do I need it?

If 5 items leap out at you as things you no longer need, you can put them in your box or bag for today.

Of course, if you see things that need throwing away or recycling you can count them too.

Colour in your stars when you have got rid of 5 things you won't finish.

You deserve those stars!



Have nothing in your house that you do not know to be useful, or believe to be beautiful.

William Morris.

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